

1991 PROFESSIONAL SEMINAR OVERVIEW

Under the theme *Beliefs in Action: Creating Realities for the '90s*, forty-six members of the Professional Division gathered on July 20th at The Monroe Institute Center for the ninth annual Professional Seminar. Excitement ran high as the weeklong program convened, drawing members from across the United States, Canada, England, and Switzerland. The increasing quality of the work done in the Professional Division and the strong commitment of its members were evident in the excellence of the feature presentations. Topics addressed the latest innovations in Hemi-Sync® research and application in the fields of psychophysiology, education, animal environments, psychotherapy, the military, mathematics, and healthcare. Topic papers submitted by feature presenters appear below.

Open forum and project review sessions provided interesting updates on work in progress, such as the “Hemi-Sync Book project” headed by Russ Russell, MA, of Cambridge, England. Articles and papers on the Hemi-Sync technology have been received during the past months by Mr. Russell, who projected that, with the additional material pledged at the seminar, manuscript editing can now be completed. Prompted by Bob Monroe’s challenge during his Saturday evening welcome, Chok Hiew, PhD, chaired a meeting on funding procurement for independent Hemi-Sync projects and publication in refereed journals. Rita Black introduced “The First Step,” a Hemi-Sync pilot program she developed to support cancer patients’ wellness. Following up on the Teen Tapes project [see *Hemi-Sync Journal 1990-4 Fall*], Bob Sornson, EdS, led a discussion to consider publishing the Teen Tapes and creating specialized Hemi-Sync programs for children. Larry Lambertson, MD, provided an overview of free energy research; ChowChow Imamoto, RN, reviewed her work with clients using the Stroke Recovery Series; and Marian Moore, MA, described her experience of natural healing. A guest presentation on vital force harmonics was offered by Sherry Edwards, and Dave Wallis, systems test engineer, reported on the current status of TMI hardware research and development.

As a counterpoint to the technical and educational sessions, participants also enjoyed opportunities for deep inner work throughout the week. Bernice Hill, PhD, and Ed Wilson, MD, facilitated a powerful four-hour mini-workshop using holotropic breathwork developed by Stanislov Grof, combined with selected Hemi-Sync sequences. Suzanne Morris, PhD, and Bob Sornson led the group in a guided exercise to communicate intuitively with children who have special problems and disabilities. Phil Shaffer administered the Myers-Briggs Type Indicator test, designed to identify temperament styles, and provided an analysis of the seminar group’s scores. (For those who are familiar with the MBTI, the INFP type represented two-thirds of the

group.) Individual, monitored sessions in the laboratory isolation booth offered customized Hemi-Sync experiences, and a daylong Hemi-Sync intensive introduced participants to state-of-the-technology frequency patterns and new exercises from the *LIFELINE*® program.

During a highlight of the week's social activities, participants were warmly welcomed into the home of Nancy and Bob Monroe for the annual Professional Seminar open house. The closing festivities included an exciting, high-energy performance by Washington, D.C., musicians Julia Nixon and David Ylvisaker, whose concert was a gift to the program and an appropriate conclusion to what everyone agreed was the best Professional Seminar yet.

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